

INSTRUCTIONS FOR COLLECTION AND SUBMISSION OF BLOOD SAMPLES  
FROM ALEXANDER DISEASE PATIENTS OR RELATIVES

1. contact Dr. Albee Messing first to discuss eligibility for inclusion in Alexander disease research protocol (see #7 for contact information)
2. arrange for collection on Mon-Wed
3. have patients or families read and sign consent forms (be sure that responses to several questions in the form are initialed)
4. collect blood (10-15 cc) into lavender-topped (EDTA) tubes, mix well by gentle inversion
5. pack in polyfoam protective tube holders (if not available, contact us and we'll send you some)
6. ship at room temperature (no ice) via overnight courier (morning delivery) to:

Dr. Albee Messing (608-263-9191)  
Waisman Center  
University of Wisconsin-Madison  
1500 Highland Ave., Rm. 713  
Madison, WI 53705-2280

7. notify Dr. Messing by telephone (608-263-9191), fax (608-263-4364), or email (messing@waisman.wisc.edu) the day of shipment with courier name and airbill number.

(revised 08/21/02)