

# Planning for Interventions within Naturally Occurring Family Routines and Activities

(Adapted from FACETS materials, Lindeman & Woods - <http://www.parsons.lsi.ukans.edu/facets/index.html>)

**Outcome:** Alyssa will be more independent in her communication so she can tell others her needs and the things she would like to do.

**Why is this important?** Alyssa often knows what she wants, but because she's non-verbal, she has no way to tell us.

**How will you know you have met your outcome?** Alyssa will be able to tell us when she's hungry and what she would like to eat at mealtimes. Alyssa will make a clear choice out of four options when requesting her favorite activities and making snack choices.

## Routine: Meal Prep

### Skills Needed to Work on This Outcome

*What skills does the child need to work on this outcome?*

- Head shaking or nodding
- Motor skills to accurately point to pictures
- Motor skills to accurately hit switches
- Ability to focus on and choose from 4 picture choices

*What's already working?*

- Julie is working with Alyssa on making 2 choices from a picture board.
- The Carters have digital photos of many items in the house.
- The Carters are experimenting with different switch devices and Alyssa is making choices for cereal and milk and "more cracker."

*What skills/support does the family need to work on this outcome?*

- Help creating picture boards
- Consultation on appropriate size and type of pictures.
- Consultation on appropriate type of communication device.
- Vision consultation to know how Alyssa focuses best.

### Possible Learning Opportunities/Activities:

*What possible opportunities exist within the routine or environment for meeting this outcome?*

- During meal prep – give Alyssa picture board choices of what she would like to help with - start with 2 foil choices and 2 favorites to help her gain accuracy and motivation.
- Give Alyssa her favorite activity or the foil choice for 2 minutes and interrupt to have her request again.
- Put a switch near Alyssa during meal prep – record "snack please." Have a 4-choice picture board ready with 2 foils and 2 favorites.

### Who Can Help? (Brainstorm a list of possibilities.)

*Who are the family members, professionals/providers, and others who can help child/family achieve this outcome?*

Doug and Julie	SLP
Grandma	OT
Vision Consultant	Assistive Technology Consultant

### Possible Locations:

*Where could child/family work on this outcome?*

- Kitchen
- Snack Table
- Eating Out