

Planning for Interventions within Naturally Occurring Family Routines and Activities

(Adapted from FACETS materials, Lindeman & Woods - <http://www.parsons.lsi.ukans.edu/facets/index.html>)

Outcome: Alyssa will be able to get the toys she wants when she wants without assistance.

Why is this important? Alyssa's parents want her to have the mobility (e.g. roll, scoot, move her wheel chair) she needs to be more independent and be able to entertain herself.

How will you know you have met your outcome? Alyssa will have 3 favorite items/activities during playtime that she can access by herself and that will occupy her for at least 10 minutes.

Routine: Playtime

Skills Needed to Work on This Outcome

What skills does the child need to work on this outcome?

- Rolling
- Crawling
- Coordination
- Upper body strength
- Ability to make choices of activities
- Increase in attention span

What's already working?

- Alyssa is trying to crawl and can roll from side to back.
- Toys are placed in crates at floor level in her room.
- Grandma works with Alyssa on her mobility during playtime each day.
- Alyssa is learning how to use a motorized wheel chair at school.

What skills/support does the family need to work on this outcome?

- Ideas about activities to try
- Ideas on how to place or modify toys
- Ideas on how to build Alyssa's strength and mobility

Possible Learning Opportunities/Activities:

What possible opportunities exist within the routine or environment for meeting this outcome?

- Each day, secretly place surprise favorite toys in the mailbox for Alyssa to reach for.
- Have playmates engage in turn-taking games, roll balls, etc. to Alyssa during playtime.
- Consider ways to modify favorite toys/books with handles, etc. to make them easier to grab.
- Explore use of a voice output device that would allow Alyssa to verbalize her toy choices.
- Look for places to position Alyssa's wheelchair near favorite toys at eye level and within reach.

Who Can Help? (Brainstorm a list of possibilities.)

Who are the family members, professionals/providers, and others who can help child/family achieve this outcome?

Doug and Julie	SLP	PT
Grandma	OT	Educator
Playmates	Other Family Members	

Possible Locations:

Where could child/family work on this outcome?

- Alyssa's bedroom
- Playroom at home
- Playtime outside