Description

This group will identify and address priority areas related to promoting healthy, thriving families and supporting parents as decision makers, leaders, advocates and partners with providers.

Priority Area One
Caregiver health and well being, including reducing parental stress.
Action Steps
- Raise awareness of consequences of not taking care of yourself (mindful parenting)
- Further investigation of face to face parent supports
- Resources for relief from caregiving, including respite
- Resources for Mental Health including part for the caregiver family

Priority Area Two
Information Dissemination—Where? Who? What?
Action Steps
- Learn more about resource mapping
- Identifying WHO is disseminating WHAT
- Is the information available now what families need or is something missing.
- Include in Gail survey: “What information are you disseminating? “To whom?”