



If you can't find what you are looking for, call the **Waisman Resource Center** at 1-800-532-3321

www.waisman.wisc.edu/cshcn/

Waisman Resource Center is home to the Southern Regional Center for CYSHCN, one of five Wisconsin Regional Centers for Children and Youth with Special Health Care Needs that are a part of a statewide network providing free and confidential information and assistance to parents of children and youth with special health care needs and the professionals who work with them. Wisconsin Regional Centers are dedicated to meeting families' needs through information, referral and follow-up, parent-to-parent support and service coordination, through local Public Health Departments and other community agencies.



2009
Resource Roadmap
Southern Regional Center for Children and Youth with Special Health Care Needs (CYSHCN)



Childcare and Respite:

Childcare resource and referral agencies are located throughout the Southern Region. Supporting Families Together Association will direct you to the closest program in your area.

Respite care provides families with a qualified caregiver and a break from 24 hour care responsibilities and is a needed resource for most families with children and youth with special health care needs.

Health Department:

Public Health services include prenatal care coordination, local immunization clinics and home visits by public health nurses. Some local Public Health Departments provide school health nursing consultation, family planning services, home care, environmental health and the WIC nutrition program for pregnant and breastfeeding women and their children under 5 years of age.



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Special Education:

Special Education is a set of school programs that have been developed to meet the educational needs of children with learning or emotional disabilities. Usually the school will determine if a child needs special education during the Individual Education Program (IEP) process. Each school district will have a designated Special Education contact person. Contact your district with questions.

Recreation:

Many children and adults with disabilities benefit from sports and recreational activities. Families frequently seek out recreation that they can enjoy with all members of their family. A variety of organizations provide recreation activities and are listed on the other side.

Transportation:

Families can receive help with transportation for medical and non-medical destinations. Sometimes a family must pay privately and sometimes this is publicly funded depending on each individual situation, location, insurance and the transportation service's policy.



Planning for Adulthood:

Youth ages 14 to 21 with disabilities and their families can receive help with planning for the transition to adulthood. Activities include moving from pediatrician to adult health provider and exploring opportunities in education, work and community living. Examples of these include WI Division for Vocational Rehabilitation (DVR), Department of Public Instruction (DPI) and Independent Living Centers (ILCs).

Infants and Young Children:

Early intervention services, through the Birth to 3 Program, are available in every Wisconsin county for children who meet eligibility criteria. Birth to 3 professionals work in partnership with parents to help children with developmental delays grow, learn and communicate. Services include evaluation and assessment, special instruction, therapy services and family centered service coordination. Birth to 3 staff work with parents to develop an Individual Family Service Plan (IFSP) which is based on priorities and goals for the child and family.

Health Care Coverage:

In Wisconsin there are various ways to meet eligibility criteria for Medicaid (Medical Assistance) programs such as BadgerCare Plus, SSI and Katie Beckett. These programs help pay for medical care for eligible children and youth with special health care needs. Each eligibility category has different criteria; some are based on parent income and assets and others are based on the child's unique needs and the level of care required to live at home.

24 -Hour Information Hotlines:
Wisconsin First Step
1-800-642-7837

www.mch-hotlines.org/firststep.html
A statewide 24-hour information and referral service with trained parents of children with special health care needs and professional counselors who are available to talk over concerns, answer questions and identify resources to meet a caller's needs. Some topic areas include housing, recreational activities, community centers, transportation, domestic violence, energy assistance and support groups.

Advocacy and Parent Training:

State and local agencies provide information and assistance for families looking for information on how to best understand, protect and advance the legal, human and service rights of children and youth. Examples include legal assistance, help with an IEP and health benefits counseling. Parent training groups help parents learn about resources and how to be a good advocate for their children.

Other Community Resources:

Many organizations are geared to a specific special need or are inclusive of all children. For examples see "Sauk County Resources" on the back side of this document.

County Human Services Department:

Sauk County Human Services department provides access to long-term supports and services for eligible children and adults experiencing cognitive, physical and emotional disabilities. Programs include case management, respite services and other in-home, after-school and out-of home supports.

Resource Roadmap for Sauk County is supported by the Southern Regional Center for CYSHCN and the Sauk County Family Support/Birth to Three Advisory Committee. Concept originally developed by the FOR U staff at the Chippewa County Health Department.

For additional copies contact the or download the PDF at



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Wisconsin Statewide Resources

ABC for Health, Inc. - benefits counseling and legal services for families with children who are having problems financing healthcare www.safetyweb.org	1-800-585-4222
The ARC-Wisconsin Disability Association - advocacy, support groups, training, information and referral for persons with cognitive disabilities www.arc-wisconsin.org	1-877-272-8400
Birth to 3 - Wisconsin's Early Intervention (IDEA-part C) program for children with special needs under age 3 http://dhs.wisconsin.gov/bdds/birthto3/index.htm	1-800-642-7837
(CAP) Client Assistance Program - information and assistance to individuals who have a dispute with DVR www.dwd.state.wi.us/dvr/cap.htm	1-800-362-1290
(CESA) Cooperative Educational Service Agency - provides training to families and assists districts http://dpi.wi.gov/cesa.html	1-800-441-4563
(DRW) Disability Rights Wisconsin - provides protection and advocacy for persons with disabilities in Wisconsin www.disabilityrightswi.org/(voice/TTY) 1-800-928-8778	
(DPI) Wisconsin Department of Public Instruction: Special Education Team - information on public education for children with special needs http://dpi.state.wi.us/call 1-800-441-4563 and ask to be connected to local district's number	
(DVR) Wisconsin Division of Vocational Rehabilitation - state employment training program for individuals with disabilities living in the community. Eligible individuals may receive vocational evaluation and training and job placement assistance www.dwd.state.wi.us/dvr/	1-800-442-3477 / TTY 1-888-877-5939
(FACETS) Wisconsin Family Assistance Center for Education, Training and Support - provides free information and assistance to families concerning parent and student rights and opportunities in education www.wifacets.org/	1-877-374-4677 / TDD: 414-374-4635
Family Support Program - Provides information about services and resources, limited funding and linking with other families http://dhs.wisconsin.gov/bdds/fsp.htm	1-800-642-7837
Family Voices of Wisconsin – A statewide grass roots training, information and advocacy network of families whose children have disabilities or special health care needs www.wfv.org/fv/	1-888-835-5669
(ILCs) Wisconsin Independent Living Centers - consumer-driven services to promote full participation in society of persons with disabilities. Services include: health benefits counseling, assistive technology, peer support and advocacy http://dhs.wisconsin.gov/disabilities/Physical/ILCs.htm	1-800-642-7837
Legal Action of Wisconsin - non-profit agency providing legal representation to low-income people and others www.legalaction.org	1-800-362-3904
Head Start/ Early Head Start - child-development program for children (0-6) of low-income families, 10% of children enrolled have special needs www.whsaonline.org	1-608-442-6879
(NAMI) National Alliance on Mental Illness- Wisconsin – provides crucial information to persons affected by mental illness and their families and serves as their advocate on a state and national level http://www.namiwisconsin.org/	1-800-236-2988
Parent to Parent of Wisconsin - provides the one-to-one connection for parents new to having a child with special needs, experiencing a time of stress or simply seeking support, resources and information with another parent who has been there www.p2pwi.org/	1-888-266-0028
Respite Care Association of Wisconsin - promote, support and expand quality respite care resources across the lifespan for families www.respitecarewi.org/	1-866-702-7229
Social Security - financial benefits for children meeting income and asset eligibility criteria www.ssa.gov	1-800-772-1213
Supporting Families Together Association, formerly (CCR&R) , – network of community-based child care resources and referral agencies www.supportingfamilies.together.org/	1-888-713-5437
(WATI) Wisconsin Assistive Technology Initiative – maintains lending library of assistive technology devices; provides training and consultation; provides evaluation of students related to assistive technology www.wati.org/	1-800-565-8135
Wisconsin Developmental Disabilities Board, formerly (WCDD) - provides training and advocacy resources www.wcdd.org/	1-608-266-7826
Wisconsin Family Ties – network of Family Advocates who provide support groups, peer-mentoring, training, advocacy, information and referral for families that include children and youth with mental, emotional, behavioral or substance abuse disorders www.wifamilyties.org/	1-800-422-7145
Wisconsin First STEP – 24-hour information and referral service to assist Wisconsin families who have children with special needs www.mch-hotlines.org	1-800-642-7837
Wisconsin Regional Centers for Children and Youth with Special Health Care Needs (CYSHCN) - a network of information and assistance services so all families of children and youth with disabilities or special health care needs and providers have access to complete and accurate information: http://dhs.wisconsin.gov/health/children/resourcecenters/index.htm	1-800-642-7837
(WSPEI) Wisconsin Statewide Parent Educator Initiative - parent liaisons that work with families, educators and school districts through the CESA's to promote positive partnership and free consultation to families of children with special educational needs http://dpi.wi.gov/sped/parent.html	1-877-844-4925

HEALTH COVERAGE

ACCESS – quick and easy way to see if you might be able to get help through Wisconsin's health & nutrition and other programs https://access.wisconsin.gov/access/	
Katie Beckett - a way to obtain Medicaid for children not eligible for other Medicaid programs because of income/assets requirements http://dhs.wisconsin.gov/bdds/kbp/index.htm	1-608-266-3236
Medicaid (Medical Assistance, M.A., Title 19, BadgerCare Plus, Katie Beckett, SSI, HealthCheck) Recipient Hotline – information about eligibility, rights, covered benefits, providers, problems with bills, etc. for those with Medicaid	1-800-362-3002
Medicaid Ombudsman – assistance with appeals, complaints, billing problems etc. for Medicaid HMO enrollees.....	1-800-760-0001
WIC Nutrition Program – food and education for pregnant and nursing women; food/formula for young children; breastfeeding support http://dhs.wisconsin.gov/wic/	1-800-722-2295

Sauk County Resources

(Note: Phone numbers are either in the 608 area code or are toll-free)

Advocacy

ARC- Sauk County (advocacy, research, programming & outreach for persons with developmental disabilities & their families).....	986-6702
Disability Rights Wisconsin (protection and advocacy for individuals with disabilities).....	267-0214
Legal Assistance	see statewide resources

At-Home Support / Intervention (Respite, Personal Care, Therapy)

Autism Services	
• Beyond the Boundaries of Autism	(920) 795-4183
• Integrated Development Services	441-0123
• Wisconsin Early Autism Project	288-9042
Easter Seals Respite Camp (Respite, Camp Waubeek).....	254-8319
Homeward Bound (Respite, Personal Care, Supportive Home Care Nursing Care)	356-4666
Home Health United (home health and specialized equipment)	1-800-660-3420
REM Health of Wisconsin (Respite, Nursing Services)	356-7570

Child Care

Sauk County Department of Human Services (list of certified and licensed child care providers)	355-4200
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Early Intervention for Infants and Young Children

Birth to Three (service coordination and therapy for children 0-3 years of age) Sauk County Department of Human Services.....	355-4200
Bluffview Family Center (play group, expectant family support)	697-7115/ 697-7124 (Spanish)
Renewal Unlimited (Head Start, Early Head Start, Baraboo play group and resource center)	742-5329 (administration office)

Health Department and Health Resources

For Emergencies	call 911
Ho-Chunk Wellness Center	355-1240
Sauk County Health Department	355-3290
WIC (Women, Infants and Children Nutrition Program)	355-3290

Hospitals

Reedsburg Area Medical Center	524-6487
St Clare Hospital (Baraboo)	356-1400
Sauk Prairie Memorial Hospital	643-3311

Clinics

Baraboo Internal Medicine	356-2145
Baraboo Medical Associates	355-3800
Dells Clinic	253-5451
Lake Delton Clinic	254-5400
Prairie Clinic (Sauk City)	643-3351
Spring Green Medical Center	588-7413
Reedsburg Physician's Group	524-6477
River Valley Medical Clinic	588-2502

Sauk County Based Services

Sauk County Department of Human Services	355-4200
-Child Protection	
-Children and Adults with Disabilities services	
-Economic Support services	
-Outpatient Mental Health services	
*after hours crisis line	800-533-5692

Information & Referral

First Step (24-hour information & referral service)	1-800-642-7837
Southern Regional Center for Children and Youth with Special Health Care Needs-Waisman Resource Center	1-800- 532-3321

Local Parent Support Groups

Autism Society of Greater Madison	213-8519
Epilepsy Foundation (epilepsy information; services for children with any types of disabilities including: parent groups in English and Spanish, social activities for kids, social events for siblings)	442-5555 / 1-800-657-4929
Family Support / Birth to Three Advisory Committee (advisory committee for parents of children that participate in the Family Support and Birth to Three programs).....	524-7923
Madison Area Down Syndrome Society	692-7653
United Cerebral Palsy	800-574-4001

Parent Training and Support

Community Outreach Program (UCP)	273-4434
Family Resource Center (lending library, play group, newsletter)	356-3328
Parents as Leaders (leadership training for parents of children, six or younger, who have special needs).....	1-800-532-3321
Parents in Partnership (leadership training for parents of children, six to fourteen years old, who have special needs).....	1-877-844-4925

Recreation, Sports and Summer Programs

Access to Independence (coordinates social and recreation programs, as well as other services).....	242-8484
Camp Waubeek/Easter Seals Respite Camp (week / weekend camp for children with special needs).....	254-8319 or 1-800-422-2324
Madison School and Community Recreation (adaptive sports/skiing)	204-3020
Special Olympics, Wisconsin	221-2900
Wheelchair Athletics (basketball, hockey, sports camp, etc.)	242-8484
Winners on Wheels (service club for children using wheelchairs/ adaptive sports).....	242-8484

Special Education: Partnerships and Support

(CESA 2) Cooperative Educational Service Agency	758-6232
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Early Childhood Programs (ages 3-6 with special needs)

Public School Districts' Administrative Offices:			
Baraboo	355-3918	Weston	983-2713
Reedsburg	524-2174	Wisconsin Dells.....	253-2468
Sauk- Prairie	643-5990	Wonewoc.....	264-3976
Spring Green	588-2551		

Stress, Crisis and Mental Health Intervention

AODA - St. Clare Center	1-800-433-2688
Sauk County Human Services (mental health services available based on a sliding fee scale; information and referral to other local mental health providers; child abuse, neglect and elder abuse reporting)	355-4200 after hours crisis line 1-800-533-5692
Domestic Abuse Intervention Services:	
-Centro Hispano/ Madison (basic needs, youth programming)	255-3018
-Hope House/ Baraboo	1-800-584-6790
-Native American Services	1-800-236-7660
-Passages/Richland Center	1-800-236-4325
-Runaway/Youth Services: Briar Patch/Madison	1-800-798-1126

Transportation for Medical Appointments

Abby Vans (specialized transportation)	1-800-236-8438
Interfaith Volunteer Network (not wheelchair accessible)	434-5486
Medical Assistance transportation reimbursement	355-4200
Midstate Medical Express (specialized)	1-800-463-3826
Wheels of Independence (specialized)	1-800-423-7818

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