Here is a sample of the resources and practical strategies that are available on the Resource Page of the Natural Supports Project website. Also included are how-to video presentations, activities, and planning templates.

Transition-related professional development needs of Wisconsin special educators.

On the Job: Stories from youth with disabilities.

High school opportunity map

How to start your own Natural Supports Effort

Promoting inclusion and relationships for students with significant disabilities handouts

CORE of a Good Life: Guided conversations with parents on raising young children with disabilities

Leadership Guide: A guide for promoting leadership skills in youth with disabilities

Self-Determination Guide: Promoting findings and strategies from a survey of Wisconsin paraprofessionals

http://www.waisman.wisc.edu/naturalsupports/resources.php
Friendship Matters: Fostering social relationships in secondary schools

Tips for Working with Youth

- Ask yourself, what are youth's social relationships like in the classroom? Are students participating in learning activities and discussions?
- Describe the peer relationships a youth has in school, at home, and in the community.
- Are students involved in extracurricular activities?
- Are there opportunities for students to develop relationships with peers?
- Consider providing a mentor or peer support interventions.

10 Things Social Organizations and Associations Can Do To Include Youth with Disabilities:

- Support and advocate for youth with disabilities.
- Provide training and resources to help youth with disabilities.
- Ensure that programs and activities are accessible to youth with disabilities.
- Advocate for policy changes to create more inclusive environments.

10 Things:

- Social organizations and associations can do to include youth with disabilities.
- Employers can do to support youth with disabilities.

Promoting rigor, relevance, and relationships through peer support interventions

Through Peer Support

- Peer relationships play an important role in adolescent development and can contribute to a full and rewarding adulthood.
- As they spend time together in and outside of the classroom, youth develop a sense of self-determination, social, leisure, academic, and other skills.
- Peer relationships can help youth with disabilities transition to the workforce.

Strategies for Developing:

- Extracurricular activities
- Youth leadership
- Involving youth in service-learning activities