How to Start Your Own Natural Supports Effort

- Ways to...Hold A Kick-Off Event
  - School-wide assembly featuring panel of youth with disabilities
  - Lunch-time pizza party to attract new members
  - Pancake breakfast
  - Meet & greet at beginning of school year
  - Video screening for entire school
  - Field trip
  - Booth at back-to-school or freshman orientation
  - Float in Homecoming parade

- Ways to...Recruit Students
  - Ask them!
  - Make it fun
  - Offer food
  - Keep asking...
  - Give students information about what you want to start and why
  - Tell other teachers
  - Encourage students to invite friends
  - Be cool (or find an adult who is)
  - Offer credit/volunteer hours
• Ways to…Maintain a Club
  ♦ Meet regularly (at least once a week)
  ♦ Try something new (e.g. snowshoeing, rock climbing)
  ♦ Use e-mail/Facebook and make sure students with disabilities have e-mail/Facebook accounts
  ♦ Keep it fun
  ♦ Rotate youth leadership
  ♦ Have semester/yearly kick-off events
  ♦ Recruit new students throughout the year
  ♦ Document activities (photos, videos, stories)
  ♦ Have adults who can manage logistics
  ♦ Engage in team building activities (e.g. ropes course)