



The Wisconsin Community on Transition Health Practice Group has developed a set of health-related training materials that can be used with schools, health providers, families and directly with youth to help youth with disabilities learn to more effectively manage their health care concerns.

The health care training kit is available for \$35, which includes shipping and handling. The kit includes:

Health and the IEP cd-rom:



This cd-rom contains three PowerPoint presentations and companion handouts on how medical and health transition issues can be addressed in the Individualized Education Plan (IEP) process. These presentations can be used as individual trainings or slides can be used in other agencies' trainings with credit to the Wisconsin Children/Youth with Special Health Care Needs Program and Waisman Center.

Transition to Adult Health Care: A Training Guide in Three Parts Second Edition



This training guide explains how to conduct a health training and options for using the workbook and pocket guide. While the training is focused on preparing youth with special health care needs for adult life, the content is important for any young person.

The Workbook for Youth



This content focuses on helping youth develop and practice the skills needed for managing their own health care, such as talking to their doctor and refilling prescriptions.

My Health Pocket Guide



This portable pocket guide can help youth keep track of health care information. It is small enough to carry in a planner or calendar. Youth can use the tips and reminders as a guide when meeting with health providers.

The Transition to Adult Health Care Checklist: Preparing for Life as an Adult



This booklet for youth preparing for the transition to adult life provides an overview of the knowledge, skills and actions that need to be addressed as part of transition for youth with special health care needs. It includes skills checklists and an overview of Wisconsin transition resources and supports.

Multiple additional copies of the following materials may be purchased singly at the following costs:

The Workbook for Youth: \$5 each for additional copies

My Health Pocket Guide: \$1 each for additional copies

Transition to Adult Health Care Checklist: \$5 each for additional copies

All materials are available to download for free at <http://www.waisman.wisc.edu/wrc/pub.html>

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(Includes: Health and the IEP CD, Transition to Adult Health Care: A Training Guide in Three Parts
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Waisman Center
Attn: Publications
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