

MILESTONES

Some of the following firsts may be delayed or may never be achieved in a child with a chronic condition or disability. If you have any questions or concerns, discuss them with your child's physician. It may help to write your questions or concerns down before your child's visit to the physician.

Firsts	Date
Smiles	_____
Laughs out loud	_____
Holds head up	_____
Babbles	_____
Rolls over	_____
Sits alone	_____
Walks alone	_____
First tooth	_____
First word	_____
Puts words together	_____
Drinks from a glass or cup	_____
Eats solid food with fingers	_____
Uses a spoon	_____
Indicates needs to use toilet	_____
Toilet trained - bladder	_____
Toilet trained - bowel	_____
Dresses self	_____
Washes self	_____
Other firsts:	
_____	_____
_____	_____
_____	_____
_____	_____

Special talents or skills: _____
