



**WAISMAN CENTER**  
UNIVERSITY OF WISCONSIN-MADISON

6<sup>th</sup> Annual

**Waisman Center Day with the Experts:  
Down Syndrome**

Learn about advances in research and clinical services and hear from a panel of experts—individuals with Down syndrome and family members.

**Saturday, March 5, 2016 | 9:00 a.m. - 12:15 p.m.**  
*(Complimentary coffee & bagels at 8:30 a.m.)*

**9:00 - 9:15 a.m.**

**Welcome and Introduction to the Waisman Center**

*Albee Messing, VMD, PhD, Professor of Neuropathology and Waisman Center Director*

**9:15 - 9:45 a.m.**

**Navigating the Journey: The Transition to Adulthood**

*Maria Stanley, MD, Clinical Associate Professor of Pediatrics, Director, Waisman Center Down Syndrome Clinic  
Erin Thomson, LCSW, Social Worker, Waisman Center Down Syndrome Clinic*

Every adolescent and their parent(s) thinks about what their future will hold. Planning for and with young adults with Down syndrome should include a picture of their whole life – what needs to happen and what they would like to happen. In this talk we will consider the various aspects of transition that should be covered as well as special considerations related to Down syndrome.

**9:45 - 10:15 a.m.**

**Biomarkers for Alzheimer’s Disease in Down Syndrome**

*Brad Christian, PhD, Associate Professor, Medical Physics, Waisman Center Investigator*

Individuals with Down syndrome have been largely neglected in therapeutic and biomarker studies of Alzheimer’s disease, despite being at an increased risk for developing this disease. We are undertaking a large study to follow the longitudinal progression of Alzheimer’s disease in adults with Down syndrome using clinical, cognitive, imaging and genetic and biochemical biomarkers. This information is not only necessary to deepen our understanding of Alzheimer’s disease in Down syndrome, but may also offer useful information in the design of treatment trials to slow or prevent Alzheimer’s disease in Down syndrome.

..... **BREAK** .....

**10:30 - 11:00 a.m.**

**Enabling a Full Life: Participation at Home and in the Community**

*Sharon Gartland, OTD, OTR/L, Occupational Therapist, Waisman Center Down Syndrome Clinic*

Individuals with Down syndrome have the potential and right to participate fully in meaningful life activities, just like all of us. This can include basic self care, such as getting dressed or enjoying mealtimes, all the way to joining in the church choir or local art class. This presentation will discuss how to identify and set participation goals for home and community life, analyze what are limiting factors and learn how to take full advantage of available supports.

**11:00 - 11:30 a.m.**

**Question and answer session with a panel of clinicians**

**11:30 a.m. - 12:15 p.m. PANEL DISCUSSION**

A panel of experts that includes individuals with Down syndrome and family members

**Please pre-register at  
[waisman.wisc.edu/events-experts-ds2016.htm](http://waisman.wisc.edu/events-experts-ds2016.htm)**

*Hosted by the Madison Area Down Syndrome Society and the Waisman Center, University of Wisconsin-Madison*

*Sponsored by the Friends of the Waisman Center*



Friends of the Waisman Center Auditorium | 1500 Highland Avenue | Madison, WI | Free admission and parking  
EVERYONE WELCOME

For additional details, call 608.263.5837 or email [palumbo@waisman.wisc.edu](mailto:palumbo@waisman.wisc.edu)