WAISMAN CENTER
UNIVERSITY OF WISCONSIN-MADISON

# Waisman Center Day with the Experts: Cerebral Palsy

Learn about the latest advances in cerebral palsy research and clinical services and hear from a panel of experts—individuals with cerebral palsy and family members.

## Saturday, November 4, 2017 | 9:00 a.m. - 12:15 p.m.

***(Complimentary coffee & bagels at 8:30 a.m.)***

**9:00 - 9:15 a.m.** **Welcome and Introduction to the Waisman Center**
*Albee Messing, VMD, PhD, Director, Waisman Center*

**9:15 - 9:45 a.m.** **Adaptive Sports: Opportunities for Every Child**
*Blaise Nemeth, MD, MS, Associate Professor, Department of Orthopedics and Rehabilitation*
Sports participation is an important part of every child's development, but opportunities for children requiring adaptation seem few and far between. Learn about local resources and ways to develop experiences that are challenging yet achievable for every child and help build a foundation for growth and success.

**9:45 - 10:15 a.m.** **The Frequency of Cerebral Palsy in the Population**
*Maureen Durkin, PhD, DrPH, Professor, Department of Population Health Sciences*
*Deborah Christensen, PhD, Epidemiologist/Surveillance Team Lead, Developmental Disabilities Branch, Centers for Disease Control and Prevention*
Much can be learned about cerebral palsy (CP) by studying its frequency in the population, or in other words, the epidemiology of CP. This discussion will review trends over time in the prevalence of CP, some of the factors that increase the risk of different types of CP, variations in functional outcomes of CP, and implications of the findings both for the primary prevention of disability and for improving outcomes and the quality of life of individuals with CP.

**BREAK**

**10:30 - 11:00 a.m.** **Physical Activity: A Prescription for Health**
*Sara Liegel, MD, Assistant Professor, Department of Orthopedics and Rehabilitation Medicine*
Physical and recreational activity is important for the health and well-being of every child. During this talk, we will discuss the health benefits of physical activity in children with CP and explore recreational opportunities for individuals across all GMFCS levels, identify common causes of activity-related pain, and strategies to avoid or minimize painful activity.
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**11:00 - 11:30 a.m.** **Question and answer session with a panel of clinicians**

**11:30 a.m. - 12:15 p.m.** **PANEL DISCUSSION**—A panel of experts that includes individuals with CP and family members. Panel discussion moderated by Abygail Marx, MS, CCC-SLP, Clinical Speech Pathologist, Waisman Center Communication Aids and Systems Clinic (CASC)

**Please register at waisman.wisc.edu/cerebral-palsy-2017.htm**

***Adaptive Fitness Resource Fair throughout the event in the Auditorium Lounge***

Friends of the Waisman Center Auditorium | 1500 Highland Avenue | Madison, WI | Free admission and parking
EVERYONE WELCOME

For additional details, call 608.263.5837 or email palumbo@waisman.wisc.edu