



Waisman Center Day with the Experts: Cerebral Palsy

Learn about the latest advances in cerebral palsy research and clinical services and hear from a panel of experts—individuals with cerebral palsy and family members.

Saturday, March 2, 2024 | 9:00 a.m. - 11:30 a.m.
(Complimentary coffee & bagels at 8:30 a.m.)

9:00 - 9:05 a.m.

Welcome

9:05 - 10:15 a.m.

Benefits of Activity in Children with Cerebral Palsy & Tools for Accessing Adaptive Sports and Recreational Activities

Lauren Fetsko, DO, Assistant Professor, Department of Pediatrics

Melissa Villegas, MD, Assistant Professor, Department of Pediatrics, Waisman Cerebral Palsy Clinic Director

Physical activity is beneficial for all children, and for children with cerebral palsy, incorporating activity can include additional challenges. Children with cerebral palsy and their families may feel unsure about what is recommended and encounter barriers accessing recreational spaces. Activity and participation can also look very different from one child to another. In this presentation, we will discuss the health benefits of activity for children with cerebral palsy including guidelines for participation and explore options for incorporating physical activity.

We will also discuss specific resources for families to access adaptive activities; some examples include adaptive equipment, funding sources, and options available throughout the state of Wisconsin.

..... **BREAK**

10:30 - 11:30 a.m.

PANEL DISCUSSION—A panel of experts that includes individuals with CP and family members.

Please register at <https://www.waisman.wisc.edu/event/experts-cerebral-palsy-2024/>

John D. Wiley Conference Center | 1500 Highland Avenue | Madison, WI | Free admission and parking
EVERYONE WELCOME

For additional details, call 608.263.5837 or email palumbo@waisman.wisc.edu